



## Counseling Services

Individual- Couples- Children- Families

**Is it difficult to balance between your religion/ culture and main-stream life?**

**Is your child having tough time identifying as a Muslim?**

**Are you overwhelmed? Sad? Are you uncomfortable with where you are in your life personally or professionally?**

**Do you want your children to listen to you? Would you like to be more patient?**

**Does your child have lots of worries? Or school performance issues?**

**Would you like things to be different?**

**Call to schedule an appointment**

**Rabab Alma is a mother of a teenager, born in Syria, raised in Saudi Arabia and has been living in the U.S for over 15 years. She has graduated from LaSalle University with a Masters in Marriage and Family Therapy. She loves to work with children and adolescents. Rabab has a unique ability to relate to people and create an atmosphere of trust and acceptance. Her positive approach encourages people to use their strengths and focus less on their weaknesses.**

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Visits by appointments only

